PRIVATE AND PERSONAL COOKING CLASS IN YOUR HOME WITH FIT CHEF KATY



Learn

- Learn how to incorporate fresh, seasonal produce into to make fast, easy family meals
- How to turn ordinary veggies into WOW dishes
- Test drive amazing kitchen tools that make cooking FUN!
- Gain confidence about cooking fresh, real foods

ONLY \$199 Specials and discounts may be available on a limited basis.



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FIT CHEF KATY

Fit Chef Katy Clark won over viewers of Food Network Star, season 7 with her vivacious personality and expertise on nutrition and exercise for healthy lifestyle success. She is an amazing mother of three as well as a sought after accomplished wellness educator. The LA Times proclaimed Katy the "Jane of all trades". Your cheerleader to good health! Check her out at www.fitchefkaty.com.

"Healthy always loves you back."

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